

SHELTER NEEDS

- Non Perishable Food
- Diapers (Medium Size)
- New Bed Pillows

CLIENT NEEDS

- Beds
- Used cell phones for 911 usage, and chargers
- Quart-size Zip-lock baggies for cell phone distribution
- Towels and wash cloths
- Family movies/DVD- Rated PG/G
- Large/medium storage containers (Glad-ware)
- Couches, love seats
- Kitchenware- silverware, pots and pans - non-teflon
- Baking utensils, cake pans, cookie sheets
- Gift, Gas, Phone & Grocery cards
- Alarm Clocks • Dishes, silverware

OFFICE NEEDS

- Bleach wipes • Toilet Paper
- Paper towels • Post-It-Notes
- window #10 envelopes
- Ink Jet Cartridges for Cannon printers: #6 & #8 all colors
- Ink Jet Cartridges for HP printers: #s 15, 22, 21, 56, 57, 78, 93, 94, 95, and 98
- 8x10 and 10X14 large manila envelopes
- Laminate sheets
- Sheet Protectors
- Gas cards

VOLUNTEERS

- On-Call Advocates
- Shelter Advocates
- Special Event help

LEGAL ADVOCACY NEEDS

- Lawyers to provide pro-bono services

TRANSITIONAL LIVING NEEDS

- Storage for furniture donations
- Carpet cleaner (new)
- Volunteers to pick up donations

MISSION STATEMENT: The mission of Women and Children's Horizons is to provide support, education, training, and healing for victims of sexual and domestic violence/abuse.

Women and Children's Horizons
2525 - 63rd Street
Kenosha, WI 53143
www.wchkenosha.org
Office: (262) 656-3500
Fax: (262) 656-3402
Crisis Line: (262) 652-9900
or 1-800-853-3503

Return Service Requested

Non-Profit Org.
U.S. Postage
Paid
Kenosha, WI
Permit 776



CALENDAR OF EVENTS

SUMMER 2009

See us at Harbor Market
SEPTEMBER 2009
26th - WCH Golf Outing
Twin Lakes Country Club
Contact Pam 262.656.3500 for
information and reservations.

OCTOBER 2009

D/V Awareness Month

Walk/Rally 10/17/09

PUBLIC INVITED!
Veterans Park
10am - Walk for Domestic
Violence Awareness
Contact Pam at
262-656-3500

Winter Wraps

Contact Cynthia at
262.652.9900

Annual Meeting 10/23/09

Women's Club

PUBLIC INVITED

Contact Pam at

262.656.3500

NOVEMBER 2009

Holiday Hours:

Admin. offices will be closed
Thurs. & Fri. 11/26 & 11/27
Shelter remains open 24hrs/
7days a week

DECEMBER 2009

Holiday Hours:

Admin. offices will be closed
Fri. 12/25/09
Shelter remains open 24hrs/
7days a week

Golfing for a Purpose



Annual Horizons' Golf Outing

Come one come all. Join WCH in its annual womens and men's scramble at Twin Lakes Country Club. Bring a friend and have fun playing 18 holes of golf on this beautiful course. Play will "tee off" with a shotgun start at 12:00 noon and an awards banquet and raffle will follow. The outing is limited to the first 144 golfers so sign up by **Friday, September 11th** to make sure you are in the count. Be a supporter of WCH and market your business as a Hole Sponsor. For a \$100 donation you have a business sign on the course, acknowledgement in marketing material and on the WCH web site.

Twin Lakes Country Club
Cost: \$95.00 - includes 18 holes of golf,
cart, lunch and dinner

Saturday, September 26, 2009
11:00 AM Registration
12:00 Noon Shotgun Start
Immediately following golf: Banquet and fun

For more information and reservations call Pam at
262.656.3500

THE NIFTY THRIFTY SHOP - NOW OPEN

Stop in and browse the newest place for a bargain in Kenosha.

Located at 2333 Roosevelt Road

Hours are Thurs. - Sat. 10AM - 6PM Sun 10AM-3PM

For more information call 262.605.3326

All proceeds directly benefit WCH

www.wchkenosha.org

FROM THE EXECUTIVE DIRECTOR

KATHRYN COMSTOCK



The other day I read a report stating private giving to DV programs in 2008 was less than half what was contributed in 2007 in some locals. Foundations appear to be directing funds to "basic needs" organizations, those that provide food, emergency shelter and clothing to the homeless, excluding DV shelters. The misconception is that DV shelters have other resources.

In this time of financial crisis, is it any wonder battered women try to "stick it out" at home, only escaping when it becomes too dangerous to stay. Again they are victims, but now it is of limited rental housing, cuts in hours or wages or loss of jobs, smaller and irregular payments of child support, lack of food at distribution centers, unaffordable childcare or prohibitive car repair and maintenance costs.

They require longer stays at shelters because of the lack of these vital resources. The demand for shelter at DV programs far exceeds the capacity in many locals. Research shows the most protective strategy for a battered woman and her children seeking help is going to a DV shelter.

Battered women and domestic violence programs must share in the recovery strategies being planned by governments, businesses and communities. Without inclusion in this planning, the most defenseless in our communities; battered women, their children, and the poor are at risk of losing everything even their lives.

Please consider the plight of victims of domestic violence and sexual assault as you respond to the call from the Obama Administration to become actively involved in the solutions needed to resolve the problems our nation now faces. Thank you.



WAYS TO HELP WCH-FOUNDATION

Fran Wargolet

The Women and Children's Horizons' Foundation was established on August 1, 2007 due to a generous donation given to Women and Children's Horizons from the estate of Mary Frost Ashley. The donation was the initial funding of the Foundation established for the exclusive support and benefit of Women and Children's Horizons and its programs. The goal is to build the Foundation as an ongoing source of self sustaining support for the programs and services of Women and Children's Horizons for the future. Donations to the Women and Children's Horizons' Foundation can be made by check payable to the WCH Foundation, by credit card, by bequest from your estate, gifts of life insurance and gifts of appreciated assets. Call the Executive Director of WCH at 262.656.3500 for more information.

FROM THE BOARD

DR. WILLIAM MILLER, PH.D., WCH BOARD



From childhood memories of my father's work as a police officer, to my graduate studies in criminology, to my work as a case manager for a community corrections facility, to my work with the Las Vegas Metropolitan Police Department - I have always been keenly aware of domestic violence and sexual assault, and their devastating effects. Unfortunately, awareness doesn't always lead to action. Like many of us, despite my awareness, I became preoccupied with school, work and raising a family. Volunteering my time wasn't a priority - at least not immediately.

It is ironic that becoming a parent, something that initially kept me from becoming a volunteer, is precisely the thing that ultimately drew me to the Women and Children's Horizons (WCH) Board of Directors. As parents, we strive to provide our children with a healthy, safe, nurturing home and community - places where they can feel secure, develop

and thrive. Every day domestic violence and sexual assault threaten not only the health and safety of our families, but they undermine the foundation of a civil society and the potential for community.

WCH is committed to serving and supporting the victims of domestic violence and sexual assault. It is also dedicated to educating the public about the long lasting and potentially life threatening effects of domestic violence and sexual assault. I am honored to serve an organization committed to safety, support, education, healing, human dignity and social justice - values that benefit all of us and our communities.

BEV SORENSEN

Under served Population Advocate

Women of all ages can be at risk of experiencing domestic violence. Women 50 years and older grew up when domestic violence was often not acknowledged. They may have suffered years of abuse and are left with the effects of poor self-esteem and shame. 50+ women who have been abused are less likely to tell anyone about it. They may have health issues that keep them dependent on their abuser, feel committed to caring for their abusive aging partner, may have never worked outside the home, and are fearful of being alone. For the older women abuse may come from their spouse or their adult children and each situation offers similar threats to the victims ability to live a healthy life.

Abuse destroys their sense of trust and their sense of control over their lives. The 50+ Support Group helps alleviate that isolation through weekly meeting that highlight sharing, safety planning, exploring options and enhancing self-esteem. One-third of the group members' abusers are spouses, one-third are adult children and one-third are spouses and adult children. In an unhealthy relationship a victim receives negative messages and feedback about themselves. The group provides the nurturing experience needed to realize their positive qualities. The 50+ Support Group members are empowered by being believed, respected, and by developing positive self-esteem.

JOIN A WCH INFORMATIONAL OR SUPPORT GROUP

CHILD WITNESS GROUPS

MONDAYS, TUESDAYS, & WEDNESDAYS
6 P.M. TO 8 P.M.
Call 262-652-9900

CONTROLLING RELATIONSHIP SUPPORT GROUPS

TUESDAYS, OR THURSDAYS, 6 P.M. TO 8 P.M.
For information call 262-656-3500

CONTROLLING RELATIONSHIP 50+ SUPPORT GROUP FOR WOMEN

TUESDAYS, 10 A.M. TO 12 P.M.
Orientation required.
Call 262-656-3500

CIRCLE OF CHANGE (BATTERER'S TREATMENT)

WEEKDAYS, EVENINGS AND WEEKENDS.
English and Spanish. Call 262-656-3500

DOMESTIC VIOLENCE EDUCATIONAL AND SUPPORT GROUP

WEDNESDAYS, 6 P.M. TO 8 P.M.
Orientation required. Call 262-652-9900

AMAC GROUP

(ADULTS MOLESTED AS CHILDREN)
MONDAYS, 6 P.M. TO 8 P.M.
Call 262-656-3500

CAREGIVER SUPPORT GROUP

THURSDAYS, 6 P.M. TO 7:30 P.M.
Call 262-656-3500

MISSION STATEMENT

THE MISSION OF WOMEN AND CHILDREN'S HORIZONS IS TO PROVIDE SUPPORT, EDUCATION, TRAINING AND HEALING, FOR VICTIMS OF SEXUAL AND DOMESTIC VIOLENCE/ABUSE.

VOLUNTEER RECOGNITION 2009 AWARDS. . .

CHRIS LEMAN - 608 HOURS
CHRIS HOLMSTROM - 456 HOURS
KARIE BOURKE - 309 HOURS
KRISTIN WITT - 281 HOURS
JULIE SNYDER - 268 HOURS
DIANNE OSPINA - 264 HOURS
SHERRY BIANCO - 248 HOURS

WCH VOLUNTEERS GAVE 5,016 HOURS IN SERVICE TO VICTIMS AND FAMILIES OF SEXUAL AND DOMESTIC VIOLENCE IN 2008

AN ESTIMATED DOLLAR VALUE OF VOLUNTEER TIME IS CALCULATED AT \$19.51 PER HOUR. THEIR CHECK WOULD BE FOR \$97,862.16

2009 BOARD OF DIRECTORS

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SUGGESTED RESOURCES FOR VICTIMS/SURVIVORS

INFO ON THE WEB:

WCH Website - www.wchkenosha.org

An Abuse, Rape and Domestic Violence Aid and Resource Collection - www.aardvarc.org

Adult Survivors of Child Abuse - www.ascasupport.org

A women's support site - www.lavenderpower.org

Help for abuse later in life - www.ncall.us

Help for Children of Sexual Assault - www.darkness2light.org

Wisconsin Coalition of Domestic Violence - www.wcadv.org

Wisconsin Coalition of Sexual Assault - www.wcasa.org

PHONE NUMBERS:

WCH 24 hour Hot line: 800-853-3503
or 262-652-9900

National Domestic Violence Hot line:
800-799-7233
800-787-3224 Hearing Impaired

National Sexual Assault Hot line:
800-656-4673

National Women's Health Information Center, "Violence Against Women":
800-994-9662

United Way First Call for Help:
800-231-4377

MEASURING SUCCESS

WCH UNDUPLICATED QUARTERLY STATISTICS: JANUARY - MARCH 2009

Hot-line / Crisis and referral calls - 486/370
Nights of Shelter - Adult 374 Children 407

Domestic Violence and Sexual Assault Support Clients Served: DV - 249 , SA - 77
Clients with Limited English Speaking Skills: 89
Telephone Support: 54

Hospital Advocacy Responses:
Sexual Assault - 22 victims & loved ones served
Domestic Violence - 11 cases

Family Intervention Project (FIP) - new 80
ongoing 6

Legal Advocacy
New Clients - 227
Ongoing Clients - 171
Total Clients served - 398

Living Free
Men served - 65
Women served - 29

50+ Support Group
Supported 12 clients during quarter

Controlling Relationships Support Group
Supported 10 clients during quarter

Spanish-Speaking Domestic Violence Support Group: Supported 23 clients during quarter

Outreach Packets:
Sent to a total of 10 identified victims of Domestic Violence